DISASTER RESPONSE RESOURCES

A First Aid Kit Checklist

Toolkit for CBF Congregations and Disaster Recovery Teams

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cbf Disaster Response

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Accidents happen. Related to the CBF-Ready: Disaster-Prepared Congregations Toolkit, it is recommended that all congregations and ministries have at least one fully stocked first aid kit on site and accessible in an emergency.

Recommended First Aid Kit Contents[1]

- 2 5/9" absorbent compression dressings
- 1 emergency blanket
- 25 assorted sizes adhesive bandages
- 1 breathing barrier (one-way valve)
- 1 roll of adhesive cloth tape
- 1 instant cold compress
- 5 antibiotic ointment packets
- 5 antiseptic wipe packets
- 2 pair non-latex gloves
- 2 packets of aspirin
- 1 3 in. gauze roll (roller bandage)
- Scissors
- 2 Hydrocortisone ointment packets
- Triangular bandages
- 5 3 in. x 3 in. sterile gauze pads
- 5 sterile gauze pads (4 x 4 in.)
- Tweezers
- Oral thermometer (non-mercury, non-glass)
- First aid guide

Disaster Response

First aid instruction booklet, first aid kits and much more can be purchased at the American Red Cross

Store online by visiting www.redcrossstore.org.

[1] (https://www.redcross.org/get-help/how-to-prepare-foremergencies/anatomy-of-a-first-aid-kit.html)