## Bonus Activities

### Older Children

**Share a Message:** Write the Bible verse on index cards, with one word of the verse on each card. Distribute the cards to your class and divide the class into two teams. Each person on a team will run to the other side of the room, put their card on a table, and run back to tag the next person. Once all the cards are on the other side, children will work together to put them in order. Talk about how God sent other people to work with Karen Alford to help.

### Preschoolers

**Play Djanta (Lion):** This game is popular in Togo. One person will be the "parent" and stand on one side of the room. The children will stand on the other side. One person will be the "lion" and crouch between the parent and children. The "parent" will call the kids to come over, and as they run, the "lion" will try to catch them by tagging them. The first child to be caught will be the next lion.

### All Ages

**Popcorn Prayers:** Encourage children to think of someone or something they'd like to pray for. Hold hands in a circle. Tell children that when it's their turn, they will say a sentence of your prayer, or they can just say someone's name. Start the prayer and squeeze the hand of the person to your right. When the children are done, finish out the prayer.


Pathlight

*www.cbf.net/pathlight*

CBF's *Pathlight* curriculum helps children explore the Good News of Jesus through stories, scripture and activities.

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# Pathlight

**Your word is a lamp that gives light wherever I walk.** **Psalm 119:105 (CEV)**

## Theme Overview

Karen Alford serves as CBF field personnel in Togo, West Africa. She runs a clinic where she provides much needed healthcare, trains healthcare workers and provides training for the church and community. This session focuses on the theme of Praying.

## Bible Verse

### Philippians 4:6

Don't worry about anything, but pray about everything. With thankful hearts offer up your prayers and requests to God.

## Session Outline

### Prepare

- Make copies of the Student Handout.
- Review the Story and Bible Verse.

### Welcome

- Greet students as they arrive.
- **Ask**: "What do you do when you need help?"

### Engage

- Distribute the Student Handout.
- Read and discuss the Bible Verse.
- Work on the Handout Activity.
- Transition to Story Time.

### Share

- Tell the Story, "Praying for Help."
- Share the photo and caption.
- Discuss the Story and pray.

### Conclude

- Lead students in Bonus Activities as time permits.

# Praying for Help

"Your wound looks much better, Gloria," Karen Alford said. "One more week and it'll be good as new." "Thank you, Karen," Gloria said as she stood to walk out. "I am so thankful for you." As Gloria walked out the door, her son Daniel stopped Karen. "Thank you, Karen, for all you have done for my mother. It has helped so much. I wanted to see if you could also help me. I'm having some pain in my legs, and nothing I do is making it better," Daniel said. "I'm not exactly sure what's causing that," said Karen. "But let's try this pain medicine and some stretching exercises to see if they help." A week later, Gloria and Daniel were back. Unfortunately, his pain was getting worse, and Karen was out of options. She prayed and asked God for help. A few weeks later, a team of eye specialists arrived from the United States to run a 10-day eye clinic in Lome. They heard about the clinic and came by to see it. One of the members, Hannah, was a physical therapist with wound care experience. Hannah stayed so she could observe the wound clinic the next day. Since she had experience as a physical therapist, Karen told her about Daniel. The next day, Hannah met Daniel for herself. After doing an exam, she determined what was wrong and gave him some additional exercises. Karen checked in with Daniel a few weeks later, only to discover that his leg pain was disappearing! Her prayers for help had been answered!

## Discussion and Prayer ✱

- **Ask**: What was happening with Daniel?
- **Ask**: How did God answer Karen's prayers?
- **Ask**: How can we help others who need help?
- **Say**: Daniel was in pain, and nothing was helping. He went to Karen to see if she could help. She couldn't, but she prayed for God to help him. And God did! God sent a team with a physical therapist who knew what to do for his legs. Soon, the pain was disappearing, and he was very grateful.
- **Pray**: Dear God, please help Karen Alford as she ministers to people in need. Please heal their wounds, both the wounds we can see and the ones we can't. Amen.

## Mary Van Rheenen

Mary Van Rheenen serves as CBF field personnel in Europe. She and her husband Keith, a field associate, work as resource coordinators for Romany people throughout Europe.

STUDENT HANDOUT
**NOVEMBER 17, 2024**

# Pathlight

Your word is a lamp that gives light wherever I walk. Psalm 119:105 (CEV)

## Learn About

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## Bible Verse

**Philippians 4:6**

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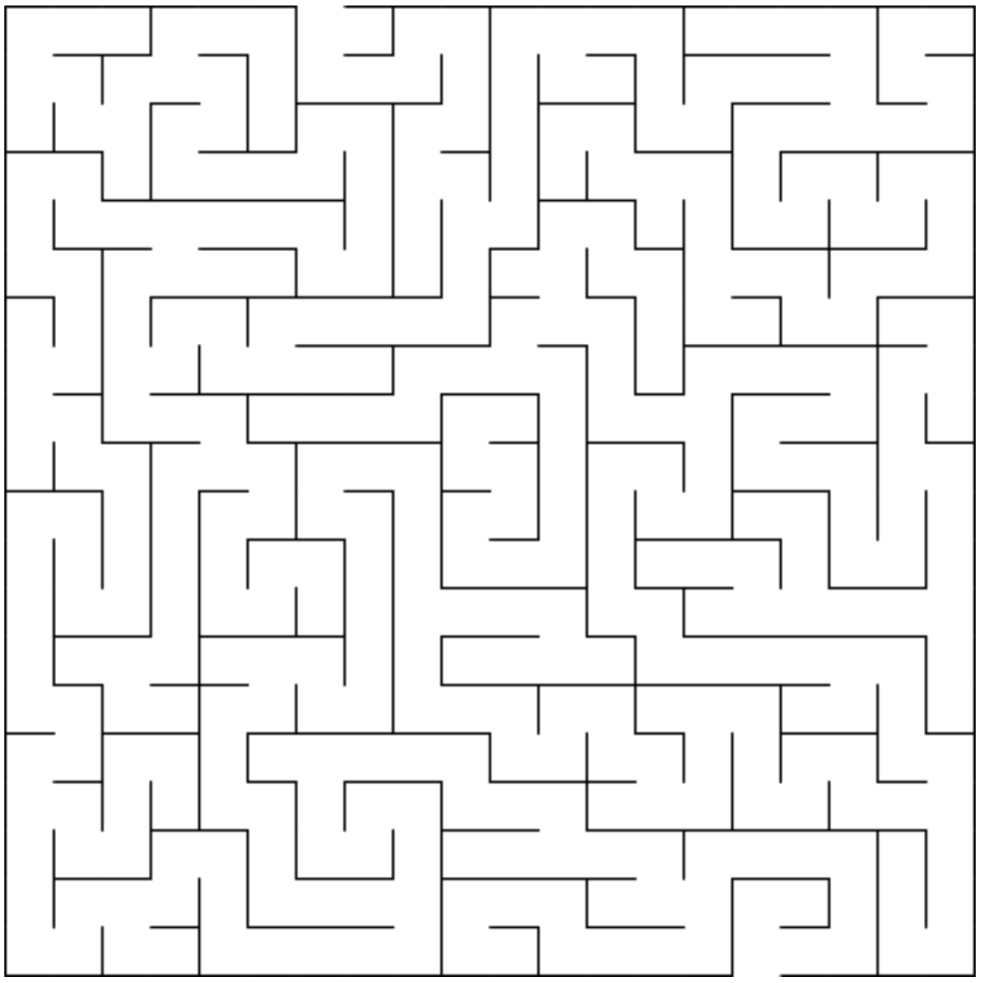
## A Maze of Prayer

Karen Alford's prayers were answered in a very unexpected way! Sometimes it feels like we are wandering through a maze, but God knows the right path for us to take. Work your way through the maze to the other side, where God answered Karen's prayers!

Start Here



Finish