Bonus Activities

All Ages

Create Trail Mix: Bring in raisins, cheerios, pretzel sticks, chocolate candy pieces, peanuts (or sunflower seeds if you need nut free), mini marshmallows and goldfish. Encourage children to pour everything into a large bowl. Mix it up and give each child some in their own bowl. Talk about how the Bowls2Go program helps people have enough to eat. (Recipe for Trail Mix: www.momentswithmandi.com/easy-kids-trail-mix-recipe/)

Preschoolers

Create a Bowl2Go: Gather various colors of construction paper, scissors, markers and glue. Create a Bowl2Go of your favorite food by drawing it or by cutting out pieces from construction paper and gluing it into your bowl. Talk about how Ridgewood Baptist offers meals at lunch to raise money and to feed the homeless.

Older Children

Play The Price Is Right: Look up the costs for necessities (milk, bread, eggs, cereal, vegetables, fruits, grains, toilet paper etc.). Print pictures of these items and set up a "store" around your room. Give children a certain amount of play money to buy what they need. Option: give each child a different amount of money. Talk about how it can be difficult to afford what you need, and how programs like Bowls2Go and Southwest Community Ministries are helping everyone have enough.

Pathlight

www.cbf.net/pathlight

CBF's *Pathlight* curriculum helps children explore the Good News of Jesus through stories, scripture and activities.

cbf

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Pathlight

Your word is a lamp that gives light wherever I walk. **Psalm 119:105 (CEV)**

Theme Overview

Ridgewood Baptist Church offers a Bowls2Go program, a lunchtime meal used to raise money to benefit Southwest Community Ministries and their utility assistance program. This session focuses on the theme of partnering with others.

Bible Verse

1 Corinthians 3:6–9

I planted the seeds, Apollos watered them, but God made them sprout and grow. What matters isn't those who planted or watered, but God who made the plants grow. The one who plants is just as important as the one who waters. And each one will be paid for what they do. Apollos and I work together for God, and you are God's garden and God's building.

Session Outline

Prepare

- Make copies of the Student Handout.
- Review the Story and Bible Verse.

Welcome

- Greet students as they arrive.
- **Ask**: "Have you ever done something creative to help other?"

Engage

- Distribute the Student Handout.
- Read and discuss the Bible Verse.
- Work on the Handout Activity.
- Transition to Story Time.

Share

- Tell the Story, "Helping Others through Bowls."
- Share the photo and caption.
- Discuss the Story and pray.

Conclude

- Lead students in Bonus Activities as time permits.

Helping Others through Bowls

"Welcome to Ridgewood! We're glad you're here. We have a few different options for our delicious, hot lunch today. For $10, you can purchase the Bowl of the Day. Or, if you'd like, for $20, you can purchase a Bowl of the Day for yourself and one for an unsheltered individual in our community. All proceeds will go to the Southwest Community Ministries (SWCM) utility fund. Which would you like to do today?" Anne said as she greeted the people who had just walked in. "I'd love to buy a bowl for myself and one for an unsheltered individual," the man in front of her said. "I'm so glad you guys offer that. I work in this area and every time I walk to lunch, I see people without homes who are begging for money. I want to help, but I don't know the best thing to do. I'm really glad to know that you guys offer an option to help feed them as well." "Me, too!" said Anne. "It can be such a blessing. And it's a blessing for us to cook, knowing that some of what we make goes to those who need it most. And the money we earn also goes to help those in need. I know there have been times in my life when I wasn't sure I could pay all our bills, and I am thankful we partner with SWCM to make sure everyone has heat for the winter, air conditioning in the summer and clean water."

Discussion and Prayer ✱

- **Ask**: How does Ridgewood share God's love with others?
- **Ask**: How does Ridgewood's partnership with Southwest Community Ministries help people in their community?
- **Ask**: What are some things we can do to raise money to help people in our community?
- **Say**: Ridgewood Baptist Church shares God's love in a variety of ways. They offer meals to their community. They include a way to help unsheltered (homeless) individuals also have enough to eat. And they partner with Southwest Community Ministries to help community members through utility costs and bill payment.
- **Pray**: Dear God, thank you for how Ridgewood Baptist Church is partnering with others to share your great love. Help us to find ways that we can share your love with people in our community as well. Amen.

Ridgewood Baptist Church

Ridgewood Baptist Church offers a Bowls2Go program, a lunchtime meal used to raise money to benefit Southwest Community Ministries and their utility assistance program.

STUDENT HANDOUT
AUGUST 17, 2025

Pathlight

Your word is a lamp that gives light wherever I walk. Psalm 119:105 (CEV)

Learn About

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Word Search

Find the words to learn more about how Ridgewood Baptist and Southwest Community Minitries help others.

U	O	T	H	W	C	O	M	M	U	N	I	T	Y
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LUNCH
YOUTH
UNSHELTERED
BILLS
CHILDREN
MEALS ON WHEELS
UTILITIES
BOWLS
COMMUNITY
FOOD