Bonus Activities

All Ages

Enjoy Trail Mix: Provide trail mix and bowls or cups. Give each child some trail mix. As they eat their snack, talk about why we call this snack "trail mix" (typically eat it when we are hiking). There is usually a path we follow when we hike. Talk about how God has a path for our lives, although it is hard to see it sometimes.

Older Children

Walk by Faith Obstacle Course: Gather blindfolds (or fabric to use as blindfolds) and obstacles like chairs, boxes, etc. Create an obstacle course in another room. Blindfold each child and encourage them to do the obstacle course. Then, divide the class into two groups and blindfold one group and ask the other group to guide the blindfolded students around the obstacle course. Talk about the differences between these two experiences, and how helpful it can be to have someone with you, helping you know what to do.

All Ages

Create Encouragement Rocks: Provide flat rocks and paint pens. Encourage older children to write a word of encouragement (hope, faith, smile, love, etc.) on their rock or draw a picture (smiley face, sunshine, flowers, etc.) on their rock. Allow preschoolers to color their rock with several colors. Once they have finished, walk around the church and place the encouragement rocks outside. Or allow children to place their rocks somewhere near their home or school to encourage others.

Pathlight

www.cbf.net/pathlight

CBF's *Pathlight* curriculum helps children explore the Good News of Jesus through stories, scripture and activities.

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Pathlight

Your word is a lamp that gives light wherever I walk. **Psalm 119:105 (CEV)**

Theme Overview

Rev. Dr. Cecelia Ann Walker is the executive director of chaplaincy and Clinical Pastoral Education at Brookwood Baptist Health System in Birmingham, Alabama. She provides care for those who need it most. This session focuses on the theme of providing spiritual care.

Bible Verse

Hebrews 10:23–24

We must hold tightly to the hope we say is ours. After all, we can trust the one who made the agreement with us. We should keep on encouraging each other to be thoughtful and to do helpful things.

Session Outline

Prepare

- Make copies of the Student Handout.
- Review the Story and Bible Verse.

Welcome

- Greet students as they arrive.
- **Ask**: "What do you want to do when you grow up?"

Engage

- Distribute the Student Handout.
- Read and discuss the Bible Verse.
- Work on the Handout Activity.
- Transition to Story Time.

Share

- Tell the Story, "Living God's Call."
- Share the photo and caption.
- Discuss the Story and pray.

Conclude

- Lead students in Bonus Activities as time permits.

Living God's Call

"Did you always know you wanted to be a chaplain?" Josh asked Rev. Dr. Cecelia Ann Walker as they sat in her office. "Well, faith has always been an important part of my life, Josh," said Cecelia. "My mother loves to say that I was born on a Monday, and I was at church the next Sunday. My grandfathers and uncles were all Baptist ministers. My grandfather used to tell me that I was going to do great things for God. But I was never sure what he meant. I was working as a librarian when I first felt God's call. But I didn't know what God wanted me to do with it. Still, I enrolled in Beeson Divinity School to earn my Master of Divinity. It wasn't until my husband died that I realized God was calling me to chaplaincy. There was a chaplain who really helped me through that time, and I wanted to be able to do the same for others. And it's been such an odd but wonderful call. I have brought comfort by rubbing lotion on the feet of a patient who was in pain. I have held the hand of an AIDS patient when no one else would. I have listened to doctors and nurses and helped them through difficult times. I am grateful for this call that God has placed on my life. And I have learned that we don't always know what God is calling us to do. But the point is that we listen and follow. And eventually, God shows us the way," Cecelia said.

Discussion and Prayer ✱

- **Ask**: How did Rev. Dr. Cecelia Ann Walker become a chaplain?
- **Ask**: How does she help others through being a chaplain?
- **Ask**: What might God be asking you to do?
- **Say**: Rev. Dr. Cecelia Ann Walker listened to God and followed God's leading to seminary. God has a purpose for each of us. And if we listen to God, God will help us know what God wants us to do. A chaplain really helped Cecelia when her husband died, and she wanted to do the same for others. She has helped others in many ways as a chaplain, by holding their hands, rubbing lotion on their feet and also just by listening.
- **Pray**: Dear God, thank you for people who care like Rev. Dr. Cecelia Ann Walker. Help us to listen to you in our own lives and follow what you want us to do. Amen.

Rev. Dr. Cecelia Ann Walker

Rev. Dr. Cecelia Ann Walker is the executive director of Chaplaincy and Clinical Pastoral Education at Brookwood Baptist Health System in Birmingham, Alabama.

STUDENT HANDOUT
OCTOBER 12, 2025

Pathlight

Your word is a lamp that gives light wherever I walk. Psalm 119:105 (CEV)

Learn About

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Who Am I?

Think about the things you like to do, and the talents God has given you. Draw yourself in the space below. Then, write or draw some of the things you like to do and some of your talents. Remember that God created you and God has great things for you to do!