Bonus Activities

All Ages

Enjoy a Hot Drink: Provide varieties of tea bags, hot water, cups for hot drinks, sugar and spoons. Encourage children to choose a kind of tea they would like to try. Walk them through the process of steeping the tea bag, putting some sugar in, and stirring it. As children are drinking their tea, talk about how tea is a popular beverage when welcoming someone in the Middle East. Talk about how Christine may have tea with refugees and migrants as she hears their stories.

All Ages

Plant a Seed: Gather fast growing seeds (zinnias, sunflowers, marigolds or cosmos), potting soil, spoons, cups and water. Give each child a pot and a spoon. Encourage them to use their spoon to put potting soil in the pot and lightly pack it down. Follow the directions on the seed packet as to how deep a hole to dig for the seed. Dig a small hole and plant the seed. Cover it with dirt and lightly water it. Talk about the hope we have that our seeds will grow. We expect it to grow when we water it and take care of it. When we take care of ourselves, or have others who take care of us, we also grow. When things are hard and we have someone who helps us, we have hope that things will get better. Remind children to care for their seeds (water them, put them in sunlight) and watch them grow. As the seeds grow into plants, they will be reminded of the hope they have in Jesus that grows inside of them.

Older Children

Play Pass it On: Blow up four balloons before your session. Divide children into two teams (or one big team). Tell children that they have to keep the balloon from touching the ground and get it from one end of the line to the other. Experiment with ways to do this: pass it overhead, pass it over and under, pass by batting it from one person to the next, etc. Talk about which way was easiest and which way was hardest. Talk about how the balloon represented hope, and how we can pass it others as well, helping them have the hope we have in Jesus.

Pathlight

www.cbf.net/pathlight

CBF's *Pathlight* curriculum helps children explore the Good News of Jesus through stories, scripture and activities.

cbf

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Pathlight

Your word is a lamp that gives light wherever I walk. **Psalm 119:105 (CEV)**

Theme Overview

Christine, CBF field personnel in Africa and the Middle East, works to provide care for those who spend their days caring for others. She provides care for the trauma that they, too, have experienced as refugees and migrants, and helps them to see how they can use their experiences to offer hope to others. Through caring for the helpers, Christine helps them to continue to have hope themselves. This session focuses on the theme of offering hope.

Bible Verse

2 Corinthians 1:3–4

Praise God, the Father of our Lord Jesus Christ! The Father is a merciful God, who always gives us comfort. He comforts us when we are in trouble, so that we can share this same comfort with others in trouble.

Session Outline

Prepare

- Make copies of the Student Handout.
- Review the Story and Bible Verse.

Welcome

- Greet students as they arrive.
- **Ask**: "Who takes care of the people who take care of you?"

Engage

- Distribute the Student Handout.
- Read and discuss the Bible Verse.
- Work on the Handout Activity.
- Transition to Story Time.

Share

- Tell the Story, "Offering Hope through Care."
- Share the photo and caption.
- Discuss the Story and pray.

Conclude

- Lead students in Bonus Activities as time permits.

Offering Hope through Care

"Knock, knock," Christine mimed knocking on Amara's tent opening. "Christine, come in," Amara said as she stood up to welcome Christine. "It is good to see you," Amara said. "It is good to see you, too," said Christine. "I know today has been a long day and I wanted to come and see how you are doing." "Have a seat," said Amara. "Today has been a very long day and I am tired. I met with many of the refugees who arrived yesterday at our refugee camp. Each of them has a very sad story. Some of them even have broken bones and painful sores on their feet. I am glad they have made it to us. Here they will be safe. Here they can heal before they move on," Amara said. "And here they have wonderful people who can hear their stories. They have people who can offer hope to them," Christine said. "You have been there, Amara. You know what it is like to have to leave your home and travel a very long way to safety. You have one of those sad stories yourself. But you are here, and you have survived. And you found hope. I know it is hard to hear their stories. But I hope you will also share yours. I believe it would give them hope for the future, hope for a better life," said Christine. "Thank you, Christine," said Amara. "I am glad you are here with us. Thank you for listening to us. Thank you for checking in and making sure we are okay too. Thank you for reminding us of the hope that we have as well," Amara said. "It is my pleasure, Amara. One of the most beautiful, unexpected gifts of being here has been the chance to care for all of you who spend your days caring for others. I am glad that I can help carry you as you help carry others," Christine said. "You help us carry these stories, Christine. We are all thankful for you!"

Discussion and Prayer ✱

- **Ask**: How does Christine help people who care for others?
- **Ask**: How are refugees like Amara helping new refugees who arrive?
- **Ask**: How can we show care for people like our parents who take care of us?
- **Say**: Christine listens to the helpers—social workers, counselors and chaplains, nonprofit leaders, humanitarian workers, community care givers, deacons, and lay church leaders who jump into action when others need help. She listens to them and makes sure that they have someone checking in on them. Many of these helpers are also refugees, who are helping new refugees by listening to them and sharing their own stories of hope to show that things will get better. Like Christine, we can show care for others by doing things that would be helpful: listening to our friends, doing chores for your parents before being asked, and paying attention when someone is having a hard day.
- **Pray**: Dear God, thank you for the people who care for us. Help us to look for ways to show care to them as well. Amen.

Christine

Christine, CBF field personnel in Africa and the Middle East, works to provide care for those who spend their days caring for others.

STUDENT HANDOUT
APRIL 26, 2026

Pathlight

Your word is a lamp that gives light wherever I walk. Psalm 119:105 (CEV)

Learn About

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Offering Hope through Care Word Search

Find the words and learn more about what Christine does!

Y	G	T	I	Q	F	Q	L	Z	J	V	J	S	Y	Q	M	H	G
K	Z	M	R	N	V	N	Y	G	S	N	W	Z	S	Y	B	K	B
R	H	R	X	D	X	E	K	P	D	G	U	O	G	W	X	S	P
G	U	G	I	E	V	E	U	V	R	C	E	U	W	L	M	T	T
N	T	J	T	T	F	I	B	X	K	O	M	D	K	N	N	J	D
I	O	R	N	C	X	G	A	M	F	U	A	X	E	L	H	J	Q
M	Q	Y	J	E	G	N	M	V	J	N	J	Q	M	N	O	Z	J
L	A	T	W	P	I	C	V	E	E	S	R	E	Q	J	Y	L	C
E	Z	B	A	X	F	Q	G	W	D	E	N	D	S	H	E	V	C
H	Z	Q	G	E	T	B	J	W	G	L	N	D	R	Q	N	Q	L
W	H	M	H	N	M	B	S	L	S	O	B	V	E	S	R	X	E
R	W	F	J	U	C	I	I	N	R	R	O	E	P	E	U	P	N
E	U	I	H	H	T	O	Y	F	K	S	C	P	L	I	O	P	U
V	N	M	R	L	J	U	O	O	T	Z	L	O	E	R	J	P	Q
O	H	P	G	S	F	X	V	U	M	E	U	H	H	O	D	Q	Q
S	M	A	B	P	L	N	G	X	C	R	H	X	G	T	Y	I	E
C	L	C	D	F	G	Q	Z	P	J	A	G	G	J	S	E	R	I
M	M	T	Q	X	Y	W	W	W	T	C	A	V	M	D	K	P	S

WORD BANK

JOURNEY	IMPACT
GIFT	STORIES
OVERWHELMING	COUNSELORS
HELPERS	HOPE
UNEXPECTED	CARE