Thriving Children

Neurodivergence 101 Videos
Discussion Questions

The goal of these videos is to assist faith communities in their conversations on the language and information of neurodivergence as they consider how their congregations can be more inclusive and supportive of all people. These videos can be watched in sequence or parceled out over a series of gatherings. The information provided here is far from exhaustive on the realities and information of neurodivergence, but instead offers some support as communities continue their exploration and consider how their ministries may expand in support.

Video 1
1. As you begin these videos, what do you know or feel about "neurodivergence"?
2. How might we as a community start from a place of compassion as we learn together through these videos?
3. What are your hopes/goals as you watch these videos and learn more about neurodivergence?

Video 2
1. How do you understand the roles of freedom and responsibility in your faith?
2. What do you think or feel when you consider neurodivergence (ADHD, Autism, etc.) as an identity?
3. What role does identity play in our church and community?

Video 3
1. How can we navigate language with fluid borders like that of neurodivergence?
2. Have you noticed a growing awareness or engagement with neurodivergence in this community or other places in your life?
3. How can we center curiosity in our conversations as a way to avoid judgment or fear?

Video 4
1. How do you notice the way you use your senses (sight, sound, smell, touch, taste) in church?
2. Are there social interactions in our faith community that you find yourself seeking or avoiding? Why might that be?
3. How do you notice your attention coming and going in church or in worship? Are there times you struggle to focus or other times where you find yourself very engaged?

Video 5
1. How can we prioritize reflecting a person's language for themself? How might we assist each other in remembering this?
2. What questions do you continue to have around neurodivergence? Where do you think you might be able to learn more about these questions?
3. How might these videos impact you and our community going forward?

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