Bonus Activities

All Ages

Enjoy a Korean Snack: Items needed: Choco Pies (can order online or find at an Asian supermarket) or Moon Pies, plates, napkins, water. Give each child a Choco Pie (or Moon Pie). Say a prayer of thanks for your snack. Talk about how Choco Pies are popular treats in South Korea. (For more information about them, go here: www.myfreshdash.com/post/10-korean-snacks-every-beginner-needs-to-try-first) where Lavonia Winford is stationed. Talk about how they are similar to an American snack, the Moon Pie, and how they might help Lavonia not feel quite so far from home.

Play Gonggi (Gong-Gi): Items needed: Colorful pebbles or small plastic pieces, check out the various levels here: www.korea.net/Events/Overseas/view?articleId=12880. Encourage children to divide into groups of two. Give each team five pebbles or plastic pieces. Ask if any of them have played jacks. Talk about how Gonggi is a popular South Korean game that is similar to jacks. Directions: Toss one piece in the air, pick up other pieces from the ground, and catch the falling piece with the same hand. Each player will have a turn until all the pieces have been picked up. The person with the most pieces wins. Encourage children to swap teams so that everyone has a chance to play each other. The person with the most wins at the end is the champion.

Name That Emotion: Feelings poster or wheel: https://tinyurl.com/msceyt7b. Download and print out one of the feelings charts. (Choose the one that is a good fit for the age of your class). Then share a few scenarios:
– How would you feel if you got everything you wanted for Christmas?
– How would you feel if your best friend stopped playing with you?
– How would you feel if you got a 100 on a test?
– How would you feel if someone broke your toy on purpose?

Encourage children to add their own scenarios. With each scenario, encourage children to point to the feeling they would have. Talk about how all their feelings are important and valid. Remind them that feelings are not bad, but we sometimes make bad choices because of how we feel.

Pathlight

www.cbf.net/pathlight

CBF's *Pathlight* curriculum helps children explore the Good News of Jesus through stories, scripture and activities.

cbf

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Pathlight

Your word is a lamp that gives light wherever I walk. **Psalm 119:105 (CEV)**

Theme Overview

Lavonia Winford is the Deputy Wing chaplain at Kunsan Air Base in South Korea. There, she works to provide spiritual support to squadron commanders and to military personnel and their families. Through religious services, counseling and conversations, Lavonia Winford helps military personnel grow in their faith. This session focuses on the theme of chaplaincy.

Bible Verse

Galatians 6:2

You obey the law of Christ when you offer each other a helping hand.

Session Outline

Prepare

- Make copies of the Student Handout.
- Review the Story and Bible Verse.

Welcome

- Greet students as they arrive.
- **Ask**: "Who listens to you when bad things happen or when you are sad?"

Engage

- Distribute the Student Handout.
- Read and discuss the Bible Verse.
- Work on the Handout Activity.
- Transition to Story Time.

Share

- Share the Video, "CBF Chaplaincy and Pastoral Counseling 25th Anniversary": https://vimeo.com/836623725?fl=pl&fe=sh
- Tell the Story, "What is a Chaplain?"
- Share the photo and caption.
- Discuss the Story and pray.

Conclude

- Lead students in Bonus Activities as time permits.

Watch

- Watch the video, "CBF Chaplaincy and Pastoral Counseling 25th Anniversary": https://vimeo.com/836623725?fl=pl&fe=sh.

What is a Chaplain?

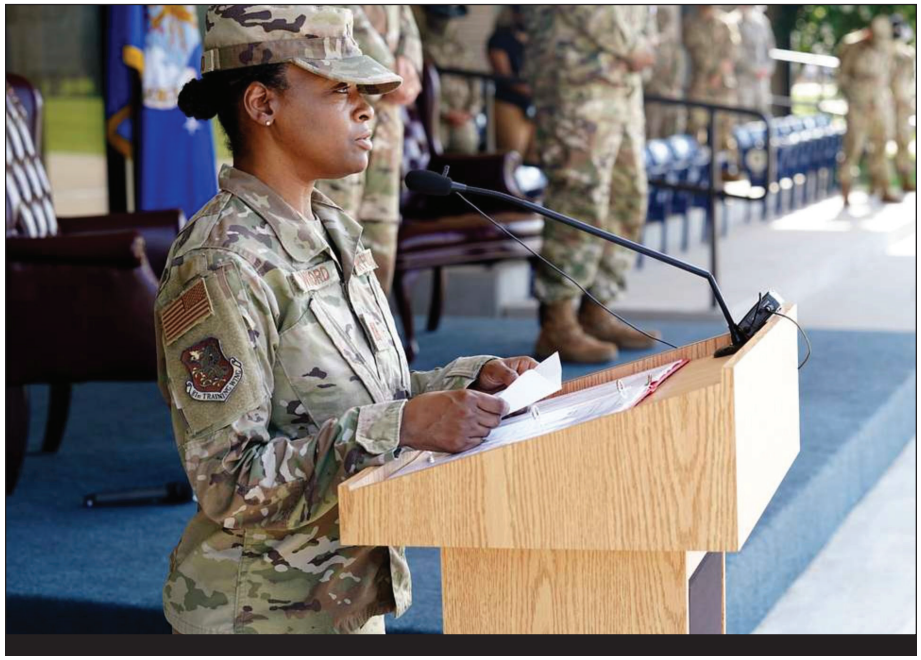
"Today we've got Chaplain Lavonia Winford with us for our podcast. She is the Deputy Wing Chaplain at Kunsan Air Base in South Korea. Lavonia, thanks so much for joining us today. Our listeners would love to hear more about what you do at the Air Base. Speaking of the air base, what time is it there? It's 8 a.m. here in Atlanta," Andy Hale said.

"Thanks so much for having me, Andy. It's 9 p.m. here in South Korea," Lavonia said. I get asked all the time about what a chaplain is and how it's different than being a pastor. As a chaplain in the military, I talk to a lot of people. Some of them are very religious and some are not. Some are Baptists, some Methodists, some Presbyterians, some Catholic and so on and so on. I plan religious services, but I make sure they aren't specific to any one of those groups. I try to provide something for everyone so that everyone can worship. I also listen to a lot of people. As chaplains, we counsel others through listening to them and offering ways to help. As a military chaplain, I work to help our soldiers focus on their spiritual fitness (aka their relationship with God), their ethical leadership (aka standing up for what's right) and their moral resilience (aka helping them work through hard choices and things they have seen). There are more than 3,000 people on our base, and I and my two Captain Chaplains stay busy! We are thankful that God has given us gifts to help our military personnel and their families," Lavonia said.

"Thank you, Lavonia, for your service to help the men and women who work to keep our country safe," Andy said.

Discussion and Prayer ✱

- **Ask**: How does Chaplain Lavonia Winford help others?
- **Ask**: What part of being a chaplain would you like the most? What part would you like the least? Why?
- **Ask**: How can we help others who are having a hard time?
- **Say**: Chaplain Lavonia Winford plans worship services so that others can connect to God. She also listens to others and helps them work through difficult times in their lives. She prays for the soldiers and their families and works hard to help them stay connected to God.
- **Pray**: Dear God, thank you for chaplains who are there to celebrate great moments and who are there in difficult ones too. Amen.



Lavonia Winford

Lavonia Winford is the Deputy Wing chaplain at Kunsan Air Base in South Korea.

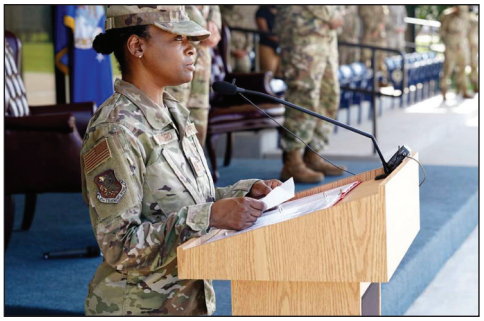
STUDENT HANDOUT
OCTOBER 4, 2026

Pathlight

Your word is a lamp that gives light wherever I walk. Psalm 119:105 (CEV)

Learn About

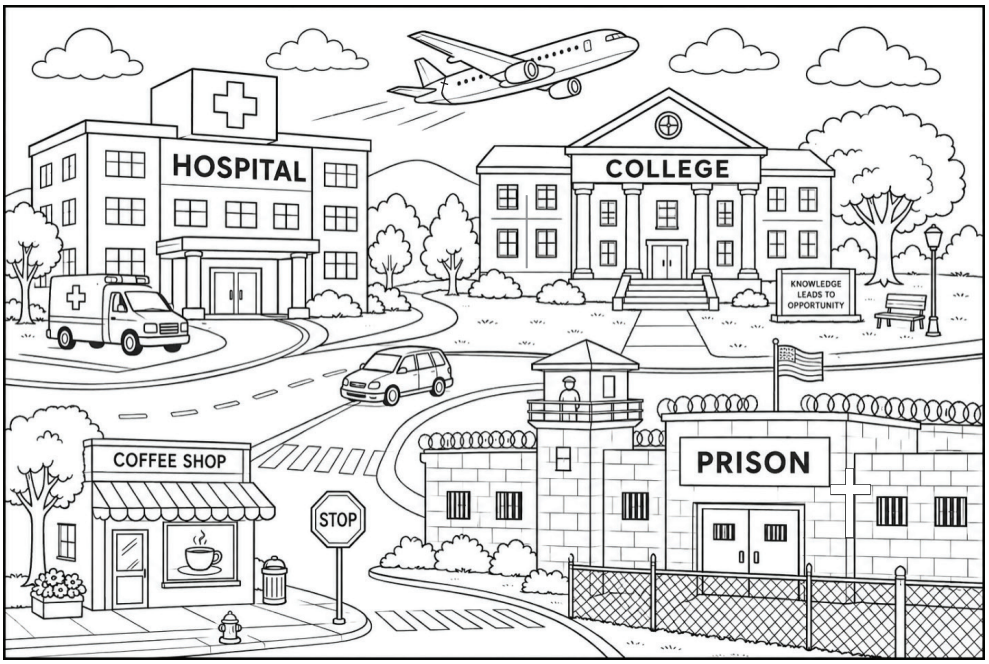
Lavonia Winford is the Deputy Wing chaplain at Kunsan Air Base in South Korea. There, she works to provide spiritual support to squadron commanders and to military personnel and their families. Through religious services, counseling and conversations, Lavonia Winford helps military personnel grow in their faith. This session focuses on the theme of chaplaincy.



Bible Verse

Galatians 6:2

You obey the law of Christ when you offer each other a helping hand.

Where Am I? Find the hidden pictures

Find the four crosses in the picture to discover where chaplains work. Then, color in the picture.